



# **Care and Social Services Inspectorate Wales**

## **Care Standards Act 2000**

### **Inspection Report**

#### **Coleg Elidyr Care Home**

Llandovery  
SA20 ONL

**Type of Inspection – Focussed**  
**Date(s) of inspection – 7 March 2013**  
**Date of publication – 29 April 2013**

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## Summary

### About the service

Coleg Elidyr Camphill Communities Carmarthenshire is registered to provide term time accommodation and personal care for up to 53 people with a learning disability. It provides a therapeutic environment with learning opportunities for young adults and is based in two separate locations. Victoria House accommodation, which is situated in the town of Llangadog Carmarthenshire and registered for 10 people. The Rhandirmwyn accommodation, which is located on the outskirts and north of Llandovery, Carmarthenshire consists of 7 separate buildings and is registered for 43 people. In addition to being regulated by Care and Social Services Wales (CSSIW) the Rhandirmwyn site is also inspected by Ofsted and Estyn.

The registered managers for Coleg Elidyr Camphill Communities Carmarthenshire are: Huw Sparkes; Carty Fox; Kelly Morgan; Kelly Woodhall; Duncan Johnson. Each of the 8 houses had in place a nominated manager. The team leader is Huw Sparkes. There are 2 responsible individuals: David Sibbons and Rev Cottam.

### What type of inspection was carried out?

This was a scheduled unannounced inspection which focussed on the quality of life experienced by people. Methodology used for the inspection included:

Discussion with people using the service.

Examination of the Self Assessment of Service (SAS).

Two un-announced inspection visits on 6<sup>th</sup> March 2013 (Rhandirmwyn) and 7<sup>th</sup> March 2013 (Victoria House).

Interaction between staff and people using the service was observed.

The files and daily diaries of six residents.

Discussion with the registered managers and care staff.

The inspector would like to thank the people who live at Coleg Elidyr, the staff and registered managers for their cooperation and hospitality during the inspection visit.

### What does the service do well?

Coleg Elidyr continued to provide a safe and supportive environment which identified and met the health and personal care needs of the people who were resident.

Rhandirmwyn site and Victoria House promoted choice, independence and individuality and offered a wide range of social and recreational opportunities.

Coleg Elidyr promoted peoples participation in regular house meetings.

The service promotes independent living skills.

### What has improved since the last inspection?

Coleg Elidyr provides an effective individual person centred service designed specifically to meet peoples educational, health and social care needs.

### What needs to be done to improve the service?

Discussion took place with the registered manager/team leader regarding the kitchen and bathroom areas in two of and the replacement of windows in two other houses. Coleg Elidyr is required to ensure that areas such as kitchens and bathrooms are maintained in a

more satisfactory, safe and hygienic condition in addition to replacing windows when they are no longer fit for purpose.

## Quality of life

People who use the service of Coleg Elidyr have a good quality of life and are supported by caring staff. People we spoke with told us (CSSIW) that they liked living there and were well looked after by staff who are kind and caring.

People at Coleg Elidyr appeared to be happy and there was a relaxed atmosphere created in all areas visited on inspection. People were observed being supported in a relaxed and unhurried manner. To ensure support needs are being met we (CSSIW) observed a sample of care files. They evidenced that comprehensive assessments of educational, personal care and emotional needs were in place. The assessments include behavioural assessments and risk assessments to ensure peoples safety.

People we spoke with told us that they were actively involved in the running of their houses. Regular individual house meetings were held which enabled people to participate in the day to day running of the home making decisions regarding meals, social events and activities. During the inspection observation of daily routines reinforced this. There was many opportunities to maintain and develop new practical life skills, such as meal planning, shopping, cooking, washing and maintaining a pleasant environment. Staff support was available to enable people to participate at whatever level was needed.

People spoken with were very positive about their life at Coleg Elidyr. They said they had many opportunities to engage in a range of experiences both within the Coleg Elidyr environment and in the broader community. This was evidenced in individual files that were examined. Each person had an agreed individual daily timetable which is varied. Timetables are person centred and focus on learning opportunities and the development of basic household skills, crafts and land based skills. This continues to be an area of particular strength at Coleg Elidyr as it encourages people to develop independence, self confidence, self advocacy and social skills. Records show that 'transition planning' is an important part of a persons stay at Coleg Elidyr and young people are prepared for life beyond college.

Overall people can be confident that they will benefit from real opportunities to maintain and develop life skills and confidence with staff support as needed. We found that people using the services of Coleg Elidyr at both sites were able to exercise their rights and were seen to be treated with respect and dignity by staff that had an up to date understanding of their needs.

## Quality of staffing

This inspection focussed on Quality of Life. CSSIW did not consider it necessary to look in detail at the Quality of Staffing. This is because there had been no issues since the last inspection. Discussion with the registered managers in each house and staff indicated that there was a cohesive staff team in place with a robust training schedule whereby all staff were encouraged to improve and develop their knowledge. The Quality of Staffing theme may be considered in more detail at future inspections.

## Quality of leadership and management

This inspection focussed on the quality of life of the people who use the service at Coleg Elidyr. CSSIW did not consider it necessary to look at in detail the quality of leadership and management on this occasion as no concerns had been raised in relation to this since the last inspection. This theme will be considered during future inspections.

It was noted however that the health, safety and welfare of the people who use the service is promoted and protected. Discussions with the managers and staff and observations on the day of inspection indicated that the people receive good quality care and support and are protected.

## Quality of environment

This inspection focussed on Quality of Life. CSSIW did not consider it necessary to look at the quality of environment in detail on this occasion. However, a number of observations and recommendations were made whilst visiting the houses and discussed with a registered manager.

The windows in Ty St Barbe and Gardevias houses were in very poor repair. They were discoloured, stained and let draught in from outside. They needed to be replaced.

The bathrooms in Ty Rhieni house were observed to be in need of attention. They were in need of decoration and repairs and the flooring in one needed attention to bring them up to an acceptable standard.

It was observed that the kitchen and bathroom areas in Ty lori house needed various work regarding renovation and redecoration to bring them up to an acceptable standard. Work surfaces were worn and porous, tiles and cupboard doors were missing and flooring needed upgrading and replacing. This made the task of cleaning and keeping areas safe and hygienic difficult.



**How we inspect and report on services** We conduct two types of inspection; baseline and focussed. Both consider the experience of people using services.

**Baseline inspections** assess whether the registration of a service is justified and whether the conditions of registration are appropriate. For most services, we carry out these inspections every three years. Exceptions are registered child minders, out of school care, sessional care, crèches and open access provision, which are every four years.

At these inspections we check whether the service has a clear, effective Statement of Purpose and whether the service delivers on the commitments set out in its Statement of Purpose. In assessing whether registration is justified inspectors check that the service can demonstrate a history of compliance with regulations.

**Focussed inspections** consider the experience of people using services and we will look at compliance with regulations when poor outcomes for people using services are identified. We carry out these inspections in between baseline inspections. Focussed inspections will always consider the quality of life of people using services and may look at other areas.

Baseline and focussed inspections may be scheduled or carried out in response to concerns.

Inspectors use a variety of methods to gather information during inspections. These may include;

- Talking with people who use services and their representatives
- Talking to staff and the manager
- Looking at documentation
- Observation of staff interactions with people and of the environment
- Comments made within questionnaires returned from people who use services, staff and health and social care professionals

We inspect and report our findings under 'Quality Themes'. Those relevant to each type of service are referred to within our inspection reports.

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